



WELCOME TO THE SHARKS

Team Handbook

IMPORTANT DATES: [Spring 2023 Competition Dates](#)

Season start

Monday 10th July 2023

No games

School Holidays:

Last games 17th September 2023

First games back 2nd October 2023

Fri 3rd - Tues 7th November 2023 – including Melbourne Cup

Finals Spring 2023

Semi-finals Week: 2nd – 8th December

Grand finals: 9th-10th December

For registration dates please refer to the Sharks' website calendar and Facebook page

Upcoming Club Dates

For upcoming club dates please refer to the Sharks' website calendar.

View our website at: www.sharksbasketballclub.org.au



Keep up to date with club news and events on FB 'Beaumaris Sharks Basketball Club' or Instagram 'beauysharks_basketball'

Email: Please ensure that we always have your current email as nearly all communication happens via email. Contact administration@sharksbasketballclub.org.au with any changes.

If your details change please also update your PlayHQ profile for the SBA to be able to contact you with updates, forfeits and emergencies.



AGE GROUPS FOR SPRING SEASON 2023	3
UNIFORMS	4
CLASH SINGLETS FOR SHARKS VS. SHARKS GAMES	4
TRAINING	5
COMPETITION GAME DAYS AND VENUES	6
FIXTURES	7
GRADING	7
BALL SIZES	8
ENTRY INTO STADIUMS	8
COACHING	9
TEAM MANAGERS	10
VOLUNTEER REGISTRATION REQUIREMENTS	11
FILL INS AND FORFEITS	12
SPORTSMANSHIP- CODES OF CONDUCT	13
CHILD SAFETY	14
SOCIAL MEDIA CODE OF CONDUCT	15
HEAT POLICY	16
Beaumaris Sharks Basketball Team Handbook	2



Age Groups for Spring Season 2023

Born 2016	U8 girls and boys modified height
Born 2015	U9 girls and boys full height only
Born 2014	U10 girls and boys
Born 2012 and 2013	U12 girls and boys
Born 2010 or 2011	U14 girls and boys
Born 2008 or 2009	U16 girls and boys
Born 2006 or 2007	U18 girls and boys
Born 2004 or 2005	U20 girls and boys
Born 2001, 2002, 2003	U23 girls and boys

Please note the following regarding player eligibility (refer to SBA By Laws):

- To be eligible to play in the U8 competition a player **must have turned 6** by the start of the season
- Any player who is eligible to play in the junior domestic competition may play in **no more than one age group above** their current age competition. Example:
A Player eligible in U14 can only play up to U16 competition. That player cannot play in the U18 competition.
- A junior player may play up to (3) games a season in a **higher grader** of the same age group in a junior competition. Once the player plays a fourth game in a higher grade, they are no longer eligible player in the lower grade.
- Junior players are **not permitted to play in a grade lower** than the team they have registered to play in.
- A player **must** be registered to play in the domestic competition. The SBA will allow a player to play 1 game only as an unregistered player.
- Any players joining part way through a season (after grading) must obtain the permission from the Club by contacting the club at administration@sharksbasketballclub.org.au

Find the full set of SBA By Laws [HERE](#)



Uniforms

Uniforms are available from the club at a cost of \$40 each for new Shorts and \$45 each for singlets or \$80 for a new set (singlet and shorts). All new players are required to purchase shorts and a singlet.

Singlets will be available for new players to purchase once team lists become available. When purchasing a singlet please know age group and team name to avoid doubling up.

To purchase a uniform, you can visit the online store [Sharks Shop](#)

- A [secondhand uniform facebook page](#) has been set up for members to buy/swap/sell.
- If you have a singlet that you have paid for but have no further use for then the club would welcome your donation. Larger sizes required. Returning players can request to swap their singlets for another second-hand singlet for a different size, player number, subject to availability. Enquire with the uniform coordinator.

For uniform queries email Sasha and Greg uniforms@sharksbasketballclub.org.au

Clash singlets for Sharks vs. Sharks games

When one Sharks team plays another Sharks team, one of the teams needs to wear the white singlets located in tubs in the alcove next to the stadium's front desk.

The standard rule is the first named team on the fixture wears them clash singlets although this is open to negotiation amongst the teams 😊. We recommend, for fairness, to rotate who wears the singlets.

Please take one whole set – **do not separate the sets**. Return both worn and unworn singlets to the set bag. Place bag in labelled Sharks Washing tub – please NOT on the top of the shelving unit. *Please ensure bibs are returned to the Sharks washing tub to be laundered and not reused as per Covid safe practices.*

If playing at a satellite venue (i.e. Mentone Grammar, Mentone Girls Secondary or Cheltenham Secondary) bibs are available at the front entry desk.



Training

Sessions can be scheduled around the availability of the team's coach and court time. The club hires a variety of courts in different locations. Times will be confirmed and team manager/coaches notified by the training venue coordinator before the start of the Spring season. Team managers ask your AGC for the link if you have missed it.

The club has worked hard to secure as many indoor training spots as possible, we have managed to secure indoor courts for all our teams but some venues are a little bit further out like Jump Central, Cheltenham SC or Parktone PS. We would like to ask our teams to accept that they might travel a little bit.

There MUST be 2 adults per team in attendance at ALL trainings (this can include the Coach if they are an adult). This is for the safety of our children – so if for example an accident does happen one adult can attend to the injured child while the other adult continues the training session or supervises the remaining children. Under the Child Safety Standards, the Club has an obligation to ensure the safety of all Sharks players when training and playing.

Please ensure that all smaller children/siblings attending training are supervised at all times and that the court is left clean. Bikes, scooters, other transport, dogs must be left outside the venues. Please bring a bike lock.

Please respect the venues. We do not want to lose our training spaces.

For any accidents that occur at training please notify the club by emailing administration@sharksbasketballclub.org.au

If you have training queries, please contact Richard training@sharksbasketballclub.org.au



Competition Game Days and Venues (subject to change)

Monday	U12 Girls	Tulip Street Sandringham & Mentone Girls SC
	U18 Girls	Tulip Street Sandringham & Mentone Girls SC
Tuesday	U14 Girls	Tulip Street Sandringham & Mentone Girls SC
Wednesday	U16 Girls	Tulip Street Sandringham & Mentone Girls SC
Thursday	U10 Girls	Tulip Street Sandringham & Mentone Girls SC
	U10 Boys	Tulip Street Sandringham
Friday	U8 Girls	Tulip Street Sandringham & Cheltenham SC
	U8 Boys	Tulip Street Sandringham & Cheltenham SC
	U9 Girls	Tulip Street Sandringham, Cheltenham SC, MGSC & Parkdale SC
	U9 Boys	Tulip Street Sandringham, Cheltenham SC, MGSC & Parkdale SC
Saturday	U12 Boys	Tulip Street Sandringham
	U14 Boys	Tulip Street Sandringham & Parkdale SC
	U16 Boys	Tulip Street Sandringham & Mentone Grammar
	U18 Boys	Mentone Girls' Secondary College (A & B Grade)
Sunday	U16 Boys	Tulip Street Sandringham & Parkdale SC (C & D Grade)
	U18 Boys	Tulip Street Sandringham & Parkdale SC (C & D Grade)
	U20 Boys	Tulip Street Sandringham
	U23 Girls	Tulip Street Sandringham



Fixtures

Can be viewed via the SBA website (please make sure you are looking at the correct season) at [Southern Basketball Association](#)

NOTE: for the first 2-4 rounds (known as 'The Grading Phase') games are put up one round at a time and may not appear on the website until only a few days before the game is due to be played. **Please always check the fixture frequently as the game times can change and get the message out to your teams.**

Your Team Manager and Coach being registered in PlayHQ allows the SBA to contact teams effectively with late changes.

Grading

Grading of teams will occur during the first 2-4 weeks of this season. Visit [SBA BY-LAWS](#) and refer to by-law 11.0.

Please note a few SBA Domestic Rules regarding grading:

- Players MUST NOT fill in for other teams in their own age-group during grading
- ALL registered players for a team MUST PLAY 3 of grading games with that team
- If a team is missing a player / players for any games during the grading phase, the Team Manager MUST advise Wendy at administration@sharksbasketballclub.org.au prior to the game.
- If teams are using fill-in players during the grading phase, the Team Manager MUST advise Wendy at administration@sharksbasketballclub.org.au prior to the game.

If your team has an issue with grading please communicate this issue **during week 1-2 of grading** to your age group coordinator and Wendy at administration@sharksbasketballclub.org.au. Once the grading phase is complete (or near complete) it becomes very difficult to manage grading issues with the SBA.



Ball Sizes

The following ball sizes are used in line with Basketball Victoria guidelines:

Size 5 will be used for the U8, U9, U10 and 12 competitions (beginning Autumn 2022)

Size 6 U14 boys, U14 girls and above

Size 7 U16 boys and above

Entry into Stadiums

The SBA has a \$4 charge on game days for entry into stadiums. Or you can purchase an e-card on Team App for \$25 further information [here](#).



Coaching

ALL Sharks coaches are volunteers, usually parents, sometimes older siblings, occasionally players from older Sharks age groups and sometimes friends of players. All our coaches deserve our gratitude & support. **ALL teams require a coach.**

If your child's team is without a coach please consider volunteering to take on this vital role or ask a family member or friend if they would consider coaching your team. Coaching can be a very rewarding experience for teenagers and adults.

It is not the co-ordinators or The Club's role to find coaches for teams although they will attempt to offer assistance when they can. Please ask anyone interested in coaching to contact Wendy at administration@sharksbasketballclub.org.au

It is now an SBA requirement that ALL coaches complete a Community Coaching Course at a minimum

The Community Coaching Course (1hr pre online course plus 2 hours in person) is conducted by the SBA and/or Basketball Victoria. To register for one of these courses please go to the SBA website [HERE](#)

The Sharks will refund for all coaches to attend this course. For a refund please send your details and proof of payment to treasurer@sharksbasketballclub.org.au

All coaches must also register their details on Playhq every season and complete the volunteer registration requirements detailed below.

Coaching benefits

Registered coaches are entitled to either: 50% refund of fees paid for the child/sibling in the team coached, or a Rebel voucher for the same amount.

One coaching refund per team is available.



Coaches receive free entry to the stadium when coaching – simply ask to sign in at the desk. (Note only one coach per team can sign in free).

Sharks Director of Coaching Cal Charge is available to teams to help with player and coach development. Please get in touch [HERE](#)

Sharks will hold regular coaching skills clinics to support our coaches development. Dates will be advised during the season.

Coaches are not there to supervise unruly behaviour; they are there to help our children learn and enjoy the game of basketball. If a player's behaviour is inappropriate the coaches should consult the Team Manager and have a quiet word to the child's parent/guardian. If it continues please email a committee member or administration@sharksbasketballclub.org.au

Team Managers

A Team Manager assists the coach by organising and communicating a training time, scoring roster, handing out fixtures etc and calling the team with training / game times or changes etc. Team Managers sometimes also organise an end of season get together for the team, a 'thank you' for the coach, certificates / prizes for the players etc. If your team is without a manager please consider taking on this role.

Fixtures can be found on the SBA website [here](#)

Many teams form group chats on apps such as team app, whats app or heja.

All Team Managers must register their details on Playhq every season and complete the volunteer registration requirements detailed below.



Volunteer registration requirements

In line with the Child Safety policies and procedures of the Southern Basketball Association (SBA) and the Beaumaris Basketball Club it is mandatory that **all coaches, team managers, volunteers and officials of the Club complete the registration requirements detailed below.**

Evidence of meeting these requirements must be recorded on the **Everproof** record management system.

It is essential that your compliance is maintained at all times in line with Child Safety requirements.

To register and be compliant you must complete the following:

1. Obtain a Working with Children Check [here](#)
2. Successfully complete the following 2 Play by the Rules courses (each course will take approx. 30 minutes to complete):
Play by the Rules/Sport Integrity Australia - Child Protection Course [here](#)
Play by the Rules - Harassment and Discrimination Course at [here](#)
3. A Member Protection Declaration with a Statutory Declaration found [here](#)
4. Coaches: please add your Community Coaching Course accreditation

The signed Declaration and certificates of completion for both courses must be loaded onto **Everproof**. After completing these requirements, you will be “compliant”.

If you don't have an **Everproof** account, you can create one [here](#). Once you have created one, please contact the Club at administration@sharksbasketballclub.org.au to have your account linked to Beaumaris Sharks Basketball Club.



Fill ins and forfeits

FILL IN PLAYER GUIDE [Here](#)

Fill in Players – are registered players and can only be used if a team has less than six players eligible to play that game.

Junior players are **NOT** permitted to play in a grade lower than the team they are registered to play in. A junior fill in player may play up to three games a season in a higher grader of the same age group in a junior competition.

Please refer to the [By-Laws](#) and attached table for further information. A breach of the by-laws will result in a forfeit.

Additional rules apply to representative players and the use of emergency (unregistered) fill ins.

If you cannot play a game PLEASE make sure you inform your Coach or Team Manager ASAP so that they can ask players to play up if needed. The Club is financially penalised if a team forfeits without one clear week's notice.

Team Managers please consult with teams before the game leaving time to find fill ins.

IF your TEAM needs to submit a FORFEIT please email Wendy on administration@sharksbasketballclub.org.au ASAP so we can alert the SBA and your opposition.

*In an emergency if forfeiting with late notice ie day of game/ late night before scheduled game please call the Stadium **03 9583 4481** to alert the SBA, the referees and other team as soon as possible.*



SPORTSMANSHIP- Codes of Conduct

All players, volunteers and spectators are reminded to behave in a positive, friendly and sportsmanlike manner. As members of one of the largest clubs we are proud to set the right example to our players and always show respect towards officials. We thank you.

Administrators, coaches, officials, parents, players and spectators are bound by the Beaumaris Basketball Club and Southern Basketball Association Codes of Conduct located at [Southern Basketball Association](#). Please familiarise yourselves with these codes of conduct.

Breaches of the codes of conduct can result in a Technical foul – multiple tech fouls will result in suspensions. More information [HERE SBA Behaviour Notice](#)

During games if your team has **any concerns** in relation to breaches of the Code of Conduct **Team Managers or Coaches only** please contact the **Umpire Supervisor** on duty at the time. This enables issues of concern to be addressed in a timely manner.

Any complaints made after the event must be made through the Beaumaris Sharks Basketball Club by emailing administration@sharksbasketballclub.org.au. Please avoid emailing other domestic clubs OR the Southern Basketball Association directly with complaints.



Child Safety

The Beaumaris Sharks Basketball Club is committed to child safety. We want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers.

All Club volunteers must familiarise themselves with the Club's Child Safety statement and policies found [HERE](#). As members of the Club, parents, coaches and volunteers are responsible for identifying and reporting poor practice (including possible abuse) and act if they have concerns about the welfare of any Sharks player.

Members and officials must discuss any concerns they may have about the welfare of a child immediately. Report these concerns to

Mark Mitchell - Member Protection Officer vicepresident@sharksbasketballclub.org.au

Wendy administration@sharksbasketballclub.org.au or

Richard president@sharksbasketballclub.org.au



SOCIAL MEDIA Code of Conduct

Please be aware of the association's Social Media Code of Conduct which the club endorses and supports. An extract states:

1. Do not use social media to be critical of teammates, coaches, officials, administrators, volunteers or spectators. Any comment you make on social media sites has the potential to be seen by millions of people. That is great if comments are positive. But it can be extremely negative and harmful if critical of people. Before you post a comment on social media ask yourself this: Would I want millions of people to read something negative about me?
2. Always assume the person you are talking/writing about will see what has been said/written. Just because an online chat is between two people does not mean it remains private and nobody else can see it. Social media is accessible to everyone. Even if the person you are discussing does not see it, somebody else may. The result is you rather than the person you are ridiculing will be seen in a negative light.
3. Use social media as a positive outlet to promote players, teammates, teams, clubs and others involved in basketball. Posting results and acknowledging individual and team performances on social media makes many people aware of team and individual achievements. That can have a positive effect for many people and should be used, encouraged and embraced wherever and whenever possible.
4. Remember to show respect. When using social media, show the same respect and regard for people that you would show and are expected to show when playing, officiating or attending a basketball game.

For the Full Code of Conduct refer to [Southern Basketball Social Media Policy](#)



Heat policy

The Beaumaris Sharks Basketball Club takes seriously the health and safety of our players and volunteers. In line with Basketball Victoria's Heat Policy all basketball participants are urged to take care even in moderately warm conditions.

With regards to training during periods of moderate to extreme heat the Club recommends that training be cancelled when the temperature on the court reaches 35 degrees Celsius.

It is the responsibility of an **adult** supervisor (for example, team manager or coach) to monitor the training conditions and players to make a decision as soon as is practicable regarding cancellation of training.

The Southern Basketball Association enforce the extreme heat policy during games. When the court temperature reaches 35 degrees Celsius team will play modified games. When the court temperature reaches 40 degrees Celsius games will be cancelled.

Water

It is very important that players develop the habit of drinking WATER before, during & after exercise.

We ask all families and coaches to encourage players to drink water before training & games AND to bring a bottle of water to all training and game sessions.



By playing with The Sharks you agree to the following waiver (based in part on Basketball Victoria's waiver):

THE SHARKS BASKETBALL CLUB CONSENT / WAIVER

- I consent to receiving emergency medical treatment, which may be deemed advisable in the event that I suffer injury, accident and/or illness.
- I recognise that the sport of basketball is physically demanding and carries some risk of injury. I declare that I am physically fit and able to compete in the sport of basketball and have not been told otherwise by a medically qualified person.
- Both personally and for my legal personal representatives I release and forever discharge the Association, its committee members, its coaches and its team managers from all liability, claim, damages, costs or expenses which I may have against them arising out of or in any way connected with my participation in basketball training and competitions organised by the Association, including all injuries that may be suffered by me before, during or after a basketball training session or competition. I understand that this waiver includes all claims based on negligence or the action or inaction of any of the above-mentioned parties.
- I agree to images of my child/ren engaged in basketball or other club related activities to be used for legitimate promotional purposes in relation to the Beaumaris Sharks Basketball Club eg. Website, newsletter, advertising etc.

Note: the 'I' in the waiver above refers to the player, parent or legal guardian – as appropriate.

**Have a great season
GO SHARKS!**



@BelievePHQ

GOOD SPORT PARENT VS. BAD SPORT PARENT

GOOD SPORT PARENT	BAD SPORT PARENT
Supports the coach	Argues with the coach
Lets their child make decisions	Constantly shouts instructions
Encourages their child	Criticises their child
Lets their child have fun	Over pressures their child
Praises their child and cheers for everyone	Compares their child to other players
Is a role model	Demonstrates negative behaviours
Respects officials	Is abusive towards officials
Respects the opposition	Argues with opposition parents/players
Supports the coaches decisions	Disagrees with the coaches decisions
Gives their child autonomy	Tells their child how to play
Wants their child to learn lessons from sport	Wants their child to win at all costs